


## FEBRUARY - Ongoing Weekly Activities

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00a	Balance Exercise Pilates Class	Tai Chi Beg	Balance Exercise Mah Jongg Class Tax Aide WOW Watercolor	Pilates Class	Balance Exercise
9:30a	Watercolor	Cribbage		Watercolor	
10:00a	Knit & Crochet	Fiber Arts SHIBA Tai Chi Adv		Pan	Basic Meditation
10:30a	Ping Pong			Tap Dance	
11:00a	Seniorcise		Seniorcise		Seniorcise Singing Bowls
12:00p			Beg Tap Dance	Bingo	Five Dollar Friday
12:30p	Chair Yoga		Tap Dance		
1:00p	Computer Clinic Fun Poker Ukulele		Bridge Language-Italian Mah Jongg Oxygen Support Grp	Beg Watercolor Scrabble Stretch Yoga	Fiber Arts Fun Poker Ping Pong Stitchery
2:00p	Yoga				
2:30p			Language Spanish		Sing-a-long
6:00p			Dance		

## FEBRUARY - Non-Weekly and Special Events

SUN	MON	TUE	WED	THU	FRI	SAT
					1 230p Sing-a-long Discovery Memory Care	2 900a Quilters Tax Aide
3	4	5 1000a Diabetes Support  1200p Luncheon  100p Bunco  130p Advance Care Planning	6 900a Tax Aide	7	8 230p Sing-a-long Avamere	9 900a Quilters Tax Aide  930a Old Time Fiddlers  630p Bridge
10	11 100p Legal Clinic	12 100p *Cupid's Capes Pastel Class  230p Board Meeting	13 900a Tax Aide	14	15 230p Sing-a-long Sherwood	16 900a Tax Aide
17	18 	19 1200p Luncheon 100p Bunco Pastel Class 300p Jeopardy!	20 900a Tax Aide	21 900a Posture Class	22 230p Sing-a-long Sequim Health & Rehab	23 900a Quilters Tax Aide  630p Bridge
24	25 100p Legal Clinic	26 100p Pastel Class	27 900a Tax Aide	28		

\*Cupid's Capers cancels all Main room and Dance Hall activities on Feb 12.